

# JUNE 2025

## *Upcoming Events*

### TRANScend @ WIT

1.



An inclusive support group and dedicated space for transgender, gender expansive, and questioning experiences. Register using QR code!



🕒 1:00 – 2:00 PM | 📅 **JUL 17** Tuesdays starting the 10th

### COF Pride Block Party

2.



Don't Rain on My Parade! We've got it all--snacks, games, inflatables, a Pride historical exhibit, stickers and water bottles! Come on out, learn about community partners and show your Pride!

📍 Quad | 🕒 3:00 – 6:00 PM | 📅 **JUL 17** WED 25th

### Stand Up For Him

3.



June is Men's Mental Health month. One powerful way you can show your support is to simply share a message about mental health with others. Stop by and be part of breaking the silence.

📍 Quad | 🕒 12:00 – 2:00 PM | 📅 **JUL 17** WED 25th



#### Group Fitness Classes

Build your strength, fitness and resilience at our fun and engaging group fitness classes!

#### Meet With a Dietitian

Book a one-on-one session with Registered Dietitian Jeanne on June 17<sup>th</sup> by scanning the QR code. Spots are limited, sign up today!

