

1. On a scale of 1-10 (1=low, 10=high) rate yourself on how proud you are of the following:

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|---|---|---|---|---|---|---|---|---|---|----|
| a. How I treat people I know? | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| b. How I treat people that I don't know? | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| c. My actions within a community? | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| d. How I treat other people's property? | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| e. My tolerance for people who are different than myself? | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

2. If I choose to consume alcohol, when I do so, I am able to conduct myself in a mature and respectable manner. **Always** **Most of the time** **Rarely** **Never** **I don't consume**

3. When I make a choice, even if it is an unwise choice that results in a negative consequence, I demonstrate responsibility and accept the consequences. **Always** **Most of the time** **Rarely** **Never**

4. My actions accurately reflect my values. **Always** **Most of the time** **Rarely** **Never**

5. According to Aristotle "We are what we repeatedly do" and according to John-Paul Sarte "You are your choices." List 3 choices/actions you are most proud of and 3 that you are least proud of.

6. I treat other people how I want to be treated. **Always** **Most of the time** **Rarely** **Never**

7. I do what I hope or expect others to do. **Always** **Most of the time** **Rarely** **Never**

8. When I go out with friends my personal actions help create a positive reflection of the group as a whole. **Always** **Most of the time** **Rarely** **Never**

9. Some people say that "We are our friends." Describe the personalities and characteristics of your friends. (For question 9, please type an essay reflection. (2 pages, double-spaced, 12pt, times new roman font)

10. The following statement best reflects my desire to finish college.
I don't want to finish. **I don't really care whether I do or not.** **I intend to finish college.**

11. If you do desire to finish college, thinking about the choices you make in your life, do you think those choices will allow you to finish? **YES** **NO**

12. True/False

- _____ I do my part for the common good.
- _____ I participate in community service.
- _____ I help take care of the environment. (not throwing trash and cigarette butts on the ground)
- _____ I obey the law.
- _____ I do what needs to be done, when it needs to be done, whether I feel like doing it or not, without having to be told to do it.
- _____ I am reliable and dependable.
- _____ I am accountable for my actions; I don't make excuses or blame others.
- _____ I use good judgment and think through the consequences of my actions.
- _____ I think about how my actions will affect my future.
- _____ I think about how my actions affect others around me.

13. The gap between what I say and what I do is:

- ☐ **Very narrow (meaning there is consistency between the two, my actions reflect my words.)**
- ☐ **Narrow**
- ☐ **Wide**
- ☐ **Very wide (meaning there is not much consistency between the two, my actions do not reflect my words.)**

14. On a scale of 1-10 (1= not honest at all) how honest were you with yourself when you answered the questions above? **1** **2** **3** **4** **5** **6** **7** **8** **9** **10**